

Spring 2015

The Mill

*People making things happen

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**Dates
for
your
Diary**



Exhibition - *If Not Now*

April 2015 – 23 May 2015

A series of photographs, by Michael Whelan, of some of the most elderly people in our community.

Exhibition - *Every Picture Tells A Story*

28 May 2015 – 4 July 2015

A celebration of creativity at The Mill in E17, including The Mill's beautiful garden mosaics.

The Mill is....The Mill is Walthamstow's living room; it's a place for residents to drop in and read the papers, view our art exhibitions, join a group or activity, or use our playroom. The Mill is run by local volunteers and always welcomes new visitors to discover us, volunteer, donate or become a Friend!

A Volunteer's Story

In October 2014, when Coppermill Lane resident, Des, who often brings his two children to activities at The Mill, casually asked if there would be any Halloween events for children that month, little did he expect the response he received. Rather than hearing that there was nothing planned, he was asked if he wanted to organise something himself. After initially talking to Ingrid and Natasha and being encouraged by Zoe at The Mill, Des happily took on the role of volunteer Halloween Event Organiser and planned a three-hour afternoon of 'scary fun'. Children were invited to wear their best Halloween costume and were able to take part in a variety of activities including art and crafts, face painting, scary games and spooky story telling. Des was given support from the team at The Mill who provided him with a list of contacts, such as cake bakers and face painters, to help make his event a success. When asked to reflect on the event and his role as a volunteer, Des revealed that he was nervous about organising the event but that he was inspired and encouraged by the level of optimism and positivity from The Mill team. He said that in the end "it felt incredibly



easy to do," and that The Mill was a "fantastic resource." Des suggested that people of the community "should feel they can volunteer at The Mill without committing to a regular event." His wise advice to would-be event organisers is: "keep things simple."